



Lifecourse Initiative
for Healthy Families

Request for Proposal

Resident Level, Historical Trauma Training

Background

“Stress and racism are constant factors in African American women’s lives and are inseparable from their pregnancy experiences.” Chronic stress is a critical contributor to preterm birth. Experiences of racism affect psychological and physical health. About **1 out of 4 black mothers experience interpersonal racism** in the 12 months prior to their baby’s birth. Experiences of racial discrimination are linked to many health outcomes including high blood pressure, low birth weight, and poor health status.

Wisconsin’s infant mortality rate remains one of the highest in the United States. To reduce that rate, the Lifecourse Initiative for Healthy Families (LIHF) is taking a new approach, based on community feedback. As a result, we are focusing on chronic stress due to racism and social discrimination, a key driver of poor birth outcomes among African American mothers and babies.

Our Mission: We address inequities in African American birth outcomes in Southeastern Wisconsin through capacity building and facilitating systems change using innovative, community-driven asset and evidence-based strategies to improve healthcare and social support.

Our Vision: We envision a state that supports all African American families’ ability to thrive.

Purpose

We are seeking an individual or organization that can provide a virtual training about historical trauma, its origins, how it manifests today and its linkages to stress and overall health.

We seek to have this event virtual and provided for African American mothers and families living in Kenosha, Milwaukee and Racine.

Time Period We are seeking to hold the training prior to November 30, 2020.

Eligibility: An individual or organization should:

- have at least 5 years of professional experience in Diversity and Inclusion and/or health equity-working with African American lay and professional communities;
- training/certificate in Historical Trauma;
- demonstrated skills through examples of work and three references.;
- be willing to meet with our team to inform the training.

Preferred experience working within or in partnership with universities.

Budget: Up to \$6,000

Due Date: October 19th, 2020

Please complete the following questions and email them, with your budget to: Pat Batemon – batemon@wisc.edu

1. Please propose title and learning objectives.
2. How long do you envision the training?
3. Describe the components of the training and its evidence base.
4. Describe how you will engage the participants.
5. Do you have an evaluation tool you use? If so, please share. If not, we can co-create one.
6. What support or resources might you need from LIHF?
7. What experience do you have providing this training?
8. Please share three references that can speak to your trainings and approach.